

Partners in Prevention Book List

As an organization that serves institutions of higher education, Partners in Prevention is committed to life-long learning and the pursuit of knowledge. This book list was created by staff members and colleagues of PIP with recommendations on a variety of topics, though it is certainly not all-encompassing. This is a living document that will be updated as we learn and read more. Check your local library, support a local bookstore, or look for other ways to read or listen to these books!

Health-related Topics

Alcohol and Other Substance Use

- **American Overdose: The Opioid Tragedy in Three Acts** by Chris McGreal
- **Brief Alcohol Screening and Intervention for College Students (BASICS): A Harm Reduction Approach** by Linda A. Dimeff, John S. Baer, Daniel R. Kivlahan, and G. Alan Marlatt
- **Dreamland: The True Tale of America's Opiate Epidemic** by Sam Quinones
- **Dopesick: Dealers, Doctors, and the Drug Company that Addicted America** by Beth Macy
- **Leadership in Drug and Alcohol Abuse Prevention** by David Anderson
- **Motivational Interviewing, Third Edition: Helping People Change** by William R. Miller and Stephen Rollnick
- **Talking with College Students about Alcohol: Motivational Strategies for Reducing Abuse** by Scott T. Walters and John S. Baer

Emergency Medicine

- **Five days at Memorial: Life and Death in a Storm-Ravaged Hospital** by Sheri Fink
- **War Hospital: A True Story of Surgery and Survival** by Sheri Fink

Global Health and Cross-cultural Health

- **The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures** by Anne Fadiman
- **Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, A Man Who Would Cure the World** by Tracy Kidder

HIV/AIDS

- **And the Band Played On: Politics, People, and the AIDS Epidemic** by Randy Shilts
- **How to Survive a Plague: The Inside Story of How Citizens and Science Tamed AIDS** by David France

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Epidemiology and Disease

- **The Ghost Map: The Story of London's Most Terrifying Epidemic – And How It Changed Science, Cities, and the Modern World** by Steven Johnson
- **The Hot Zone: The Terrifying True Story of the Origins of the Ebola Virus** by Richard Preston
- **Crisis in the Red Zone: The Story of the Deadliest Ebola Outbreak in History and of the Outbreaks to Come** by Richard Preston
- **Spillover: Animal Infections and the Next Human Pandemic** by David Quammen
- **Parasite Rex: Inside the Bizarre World of Nature's Most Dangerous Creatures** by Carl Zimmer
- **Pale Rider: The Spanish Flu of 1918 and How It Changed the World** by Laura Spinney
- **The Fate of Rome: Climate, Disease, and the End of an Empire** by Kyle Harper

Medical and Health Care Systems (US)

- **An American Sickness: How Healthcare Became Big Business and How You Can Take It Back** by Elisabeth Rosenthal
- **Being Mortal: Medicine and What Matters in the End** by Atul Gawande
- **Better: A Surgeon's Notes on Performance** by Atul Gawande
- **Complications: A Surgeon's Notes on an Imperfect Science** by Atul Gawande
- **The Healing of America: A Global Quest for Better, Cheaper, and Fairer Health Care** by T.R. Reid

Well-being and Health

- **Well Being: The Five Essential Elements** by Tom Rath

Professional Development

Leadership and Management

- **Dare to Lead** by Brené Brown
- **Dichotomy of Leadership: Balancing the Challenges of Extreme Ownership to Lead and Win** by Jocko Willink
- **Extreme Ownership: How U.S. Navy SEALs Lead and Win** by Jocko Willink
- **Leadership: The 11 Essential Changes Every Leader Must Embrace** by John C. Maxwell
- **Leading Change** by John P. Kotter
- **Lead Yourself First: Inspiring Leadership Through Solitude** by Raymond M Kethledge & Michael S Erwin
- **Start with Why: How Great Leaders Inspire Everyone to Take Action** by Simon Sinek
- **The Leadership Challenge** by James M Kouzes and Barry Z Posner

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Motivational and Inspirational

- **Braving the Wilderness** by Brené Brown
- **Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead** by Brené Brown
- **How to Win Friends and Influence People** by Dale Carnegie
- **Gifts of Imperfection** by Brené Brown
- **Parent** by Brené Brown
- **Rising Strong** by Brené Brown
- **Storyworthy: Engage, Teach, Persuade, and Change Your Life through the Power of Storytelling** by Matthew Dicks
- **The Infinite Game** by Simon Sinek
- **Who Moved My Cheese?** By Spencer Johnson

Productivity and Success

- **Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad Ones** by James Clear
- **High Performance Habits: How Extraordinary People Become That Way** by Brendon Burchard
- **Make it Stick: The Science of Successful Learning** by Peter C Brown, Henry L Roediger III, & Mark A McDaniel
- **Outliers: The Story of Success** by Malcolm Gladwell
- **Switch: How to Change Things When Change is Hard** by Chip & Dan Heath
- **The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change** by Stephen Covey
- **Triggers: Creating Behavior That Lasts – Becoming the Person You Want to Be** by Marshall Goldsmith

Teams and Teamwork

- **Ignite! Getting your Community Coalition Fired Up for Change** by Frances Dunn Butterfoss
- **The 5 Most Important Questions You Will Ever Ask About Your Organization** by Peter F Drucker et al.
- **The Best Team Wins: The New Science of High Performance** by Adrian Gostick and Chester Elton
- **The Culture Code: The Secrets of Highly Successful Groups** by Daniel Coyle

Social Justice and Structural Inequality

Poverty and Socioeconomic Disadvantage

- **Evicted: Poverty and Profit in the American City** by Matthew Desmond
- **Nickel and Dimed: On (Not) Getting By in America** by Barbara Ehrenreich
- **Pathologies of Power: Health, Human Rights and the New War on the Poor** by Paul Farmer
- **The Divided City: Poverty and Prosperity in Urban America** by Alan Mallach

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Race and Racism

- **An Indigenous Peoples' History of the United States** by Roxanne Dunbar-Ortiz
- **Pushout: The Criminalization of Black Girls in Schools** by Monique W. Morris
- **The Color of Law: A Forgotten History of How Our Government Segregated America** by Richard Rothstein
- **White Fragility: Why It's so Hard for White People to Talk About Racism** by Robin DiAngelo
- **Why Are All the Black Kids Sitting Together in the Cafeteria?** by Beverly Daniel Tatum

Criminal Justice, Incarceration, and the U.S. Correctional System

- **American Prison: A Reporter's Undercover Journey into the Business of Punishment** by Shane Bauer
- **Just Mercy: A Story of Justice and Redemption** by Bryan Stevenson **Locking Up Our Own: Crime and Punishment in Black America** by James Forman Jr.
- **The New Jim Crow: Mass Incarceration in the Age of Colorblindness** by Michelle Alexander

Interpersonal Violence

- **Columbine** by Dave Cullen
- **Fraternity Gang Rape: Sex, Brotherhood, and Privilege on Campus** by Peggy Reeves Sanday
- **Missoula: Rape and the Justice System in a College Town** by Jon Krakauer
- **She Said: Breaking the Sexual Harassment Story that Helped Ignite a Movement** by Jodi Kantor and Megan Twohey

Other Ethical Issues

- **Bad Blood: Secrets and Lies in a Silicon Valley Startup** by John Carreyrou
- **The Immortal Life of Henrietta Lacks** by Rebecca Skloot
- **The Tuskegee Syphilis Study: An Insiders' Account of the Shocking Medical Experiment Conducted by Government Doctors Against African American Men** by Fred D. Gray

Feel Better About the World!

- **Factfulness: Ten Reasons We're Wrong About the World – and Why Things Are Better Than You Think** by Hans Rosling

Partners in Prevention, June 2020. Special thanks to Dave Closson, Dana Schmidt, Kathleen Ratcliff, and Eric Davidson for their contributions to this list.

Disclaimer: Including a book in this list is not an endorsement or sponsorship of the material and does not necessarily reflect the views or policies of Partners in Prevention or any of its funding sources.

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