Partners in Prevention
Book List

As an organization that serves institutions of higher education, Partners in Prevention is committed to life-long learning and the pursuit of knowledge. This book list was created by staff members and colleagues of PIP with recommendations on a variety of topics, though it is certainly not all-encompassing. This is a living document that will be updated as we learn and read more. Check your local library, support a local bookstore, or look for other ways to read or listen to these books!

Health-related Topics

Alcohol and Other Substance Use

☐ American Overdose: The Opioid Tragedy in Three Acts by Chris McGreal
☐ Brief Alcohol Screening and Intervention for College Students (BASICS): A Harm Reduction Approach by Linda A. Dimeff, John S. Baer, Daniel R. Kivlahan, and G. Alan Marlatt
☐ Dreamland: The True Tale of America’s Opiate Epidemic by Sam Quinones
☐ Dopesick: Dealers, Doctors, and the Drug Company that Addicted America by Beth Macy
☐ Leadership in Drug and Alcohol Abuse Prevention by David Anderson
☐ Motivational Interviewing, Third Edition: Helping People Change by William R. Miller and Stephen Rollnick
☐ Talking with College Students about Alcohol: Motivational Strategies for Reducing Abuse by Scott T. Walters and John S. Baer

Emergency Medicine

☐ Five days at Memorial: Life and Death in a Storm-Ravaged Hospital by Sheri Fink
☐ War Hospital: A True Story of Surgery and Survival by Sheri Fink

Global Health and Cross-cultural Health

☑ The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures by Anne Fadiman
☐ Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, A Man Who Would Cure the World by Tracy Kidder

HIV/AIDS

☐ And the Band Played On: Politics, People, and the AIDS Epidemic by Randy Shilts
☐ How to Survive a Plague: The Inside Story of How Citizens and Science Tamed AIDS by David France

For more information, visit pip.missouri.edu

The purpose of Partners in Prevention is to provide students and professionals with access to resources in substance abuse prevention and mental health promotion. “Recommended reading” from Partners in Prevention does not imply endorsement of a specific program or resource by PIP or any of PIP’s funding sources. The entirety of content of the resources may not necessarily reflect the views or policies of the coalition. Funded by the Missouri Department of Mental Health, Division of Behavioral Health.
Epidemiology and Disease

- The Hot Zone: The Terrifying True Story of the Origins of the Ebola Virus by Richard Preston
- Crisis in the Red Zone: The Story of the Deadliest Ebola Outbreak in History and of the Outbreaks to Come by Richard Preston
- Spillover: Animal Infections and the Next Human Pandemic by David Quammen
- Parasite Rex: Inside the Bizarre World of Nature's Most Dangerous Creatures by Carl Zimmer
- Pale Rider: The Spanish Flu of 1918 and How It Changed the World by Laura Spinney
- The Fate of Rome: Climate, Disease, and the End of an Empire by Kyle Harper

Medical and Health Care Systems (US)

- An American Sickness: How Healthcare Became Big Business and How You Can Take It Back by Elisabeth Rosenthal
- Being Mortal: Medicine and What Matters in the End by Atul Gawande
- Better: A Surgeon's Notes on Performance by Atul Gawande
- Complications: A Surgeon's Notes on an Imperfect Science by Atul Gawande
- The Healing of America: A Global Quest for Better, Cheaper, and Fairer Health Care by T.R. Reid

Well-being and Health

- Well Being: The Five Essential Elements by Tom Rath

Professional Development

Leadership and Management

- Dare to Lead by Brené Brown
- Dichotomy of Leadership: Balancing the Challenges of Extreme Ownership to Lead and Win by Jocko Willink
- Extreme Ownership: How U.S. Navy SEALs Lead and Win by Jocko Willink
- Leadership: The 11 Essential Changes Every Leader Must Embrace by John C. Maxwell
- Leading Change by John P. Kotter
- Lead Yourself First: Inspiring Leadership Through Solitude by Raymond M Kethledge & Michael S Erwin
- Start with Why: How Great Leaders Inspire Everyone to Take Action by Simon Sinek
- The Leadership Challenge by James M Kouzes and Barry Z Posner
Motivational and Inspirational

- Braving the Wilderness by Brené Brown
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead by Brené Brown
- How to Win Friends and Influence People by Dale Carnegie
- Gifts of Imperfection by Brené Brown
- Parent by Brené Brown
- Rising Strong by Brené Brown
- Storyworthy: Engage, Teach, Persuade, and Change Your Life through the Power of Storytelling by Matthew Dicks
- The Infinite Game by Simon Sinek
- Who Moved My Cheese? By Spencer Johnson

Productivity and Success

- Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad Ones by James Clear
- High Performance Habits: How Extraordinary People Become That Way by Brendon Burchard
- Make it Stick: The Science of Successful Learning by Peter C Brown, Henry L Roediger III, & Mark A McDaniel
- Outliers: The Story of Success by Malcolm Gladwell
- Switch: How to Change Things When Change is Hard by Chip & Dan Heath
- The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change by Stephen Covey
- Triggers: Creating Behavior That Lasts – Becoming the Person You Want to Be by Marshall Goldsmith

Teams and Teamwork

- Ignite! Getting your Community Coalition Fired Up for Change by Frances Dunn Butterfoss
- The 5 Most Important Questions You Will Ever Ask About Your Organization by Peter F Drucker et al.
- The Best Team Wins: The New Science of High Performance by Adrian Gostick and Chester Elton
- The Culture Code: The Secrets of Highly Successful Groups by Daniel Coyle

Social Justice and Structural Inequality

Poverty and Socioeconomic Disadvantage

- Evicted: Poverty and Profit in the American City by Matthew Desmond
- Nickel and Dimed: On (Not) Getting By in America by Barbara Ehrenreich
- Pathologies of Power: Health, Human Rights and the New War on the Poor by Paul Farmer
- The Divided City: Poverty and Prosperity in Urban America by Alan Mallach

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Race and Racism

☐ An Indigenous Peoples’ History of the United States by Roxanne Dunbar-Ortiz
☐ Pushout: The Criminalization of Black Girls in Schools by Monique W. Morris
☐ White Fragility: Why It’s so Hard for White People to Talk About Racism by Robin DiAngelo
☐ Why Are All the Black Kids Sitting Together in the Cafeteria? by Beverly Daniel Tatum

Criminal Justice, Incarceration, and the U.S. Correctional System

☐ American Prison: A Reporter’s Undercover Journey into the Business of Punishment by Shane Bauer
☐ Just Mercy: A Story of Justice and Redemption by Bryan Stevenson
☐ Locking Up Our Own: Crime and Punishment in Black America by James Forman Jr.
☐ The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander

Interpersonal Violence

☐ Columbine by Dave Cullen
☐ Fraternity Gang Rape: Sex, Brotherhood, and Privilege on Campus by Peggy Reeves Sanday
☐ Missoula: Rape and the Justice System in a College Town by Jon Krakauer
☐ She Said: Breaking the Sexual Harassment Story that Helped Ignite a Movement by Jodi Kantor and Megan Twohey

Other Ethical Issues

☐ Bad Blood: Secrets and Lies in a Silicon Valley Startup by John Carreyrou
☐ The Immortal Life of Henrietta Lacks by Rebecca Skloot
☐ The Tuskegee Syphilis Study: An Insiders’ Account of the Shocking Medical Experiment Conducted by Government Doctors Against African American Men by Fred D. Gray

Feel Better About the World!

☐ Factfulness: Ten Reasons We’re Wrong About the World – and Why Things Are Better Than You Think by Hans Rosling

Partners in Prevention, June 2020. Special thanks to Dave Closson, Dana Schmidt, Kathleen Ratcliff, and Eric Davidson for their contributions to this list.

Disclaimer: Including a book in this list is not an endorsement or sponsorship of the material and does not necessarily reflect the views or policies of Partners in Prevention or any of its funding sources.