

At a Glance:

Key Findings from the 2020 Missouri Assessment of College Health Behaviors

Below are key findings from the 2020 Missouri Assessment of College Health Behaviors (MACHB) survey.

This survey was implemented online at 23 institutions of higher education in the state.

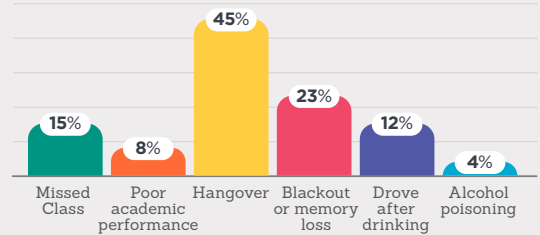
Alcohol

Binge Drinking rate

22% All students

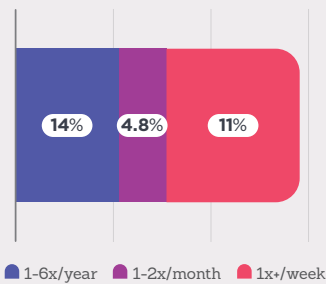
19% Under 21

Negative Consequences of Alcohol Use¹

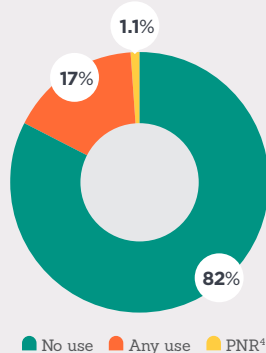


Cannabis

Frequency of Cannabis Use



CBD Use¹



Other Drugs

Illegal Drug Use¹

93% No use

6.5% Any use

0.5% PNR⁴

Tobacco Use¹

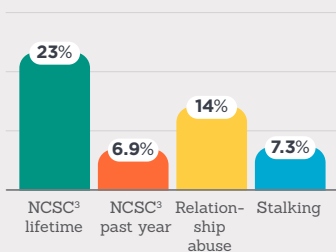
71% No use

28% Any use

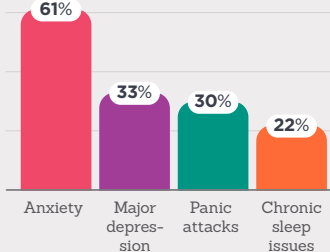
0.9% PNR⁴

Interpersonal Violence and Mental Health

Interpersonal Violence¹



Mental Health Concerns¹



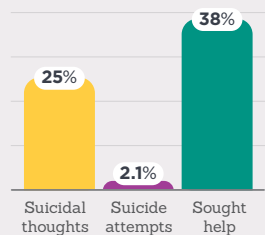
Help Seeking

66% Sought assistance, mental health concern

33% Did not seek assistance

0.4% PNR⁴

Suicidality¹



1. Past year 2. Consuming 5+ drinks in a 2 hour period in the past 2 weeks 3. Non-consensual Sexual Contact 4. Prefer not to respond