

## A LOOK AHEAD: VOLUME 2 OF THE PARTNERS IN PREVENTION BRIEF SERIES

Since 2000, Missouri Partners in Prevention (PIP) has been providing training, funding and technical assistance to member campuses dedicated to creating healthy and safe college and university environments. While the focus of our statewide coalition has been on preventing high-risk and underage drinking among Missouri's college students, the coalition is also dedicated to addressing other health behaviors such as high-risk driving, tobacco use, and problem gambling. In addition, PIP also provides support and services to campuses across the state to prevent suicide and support positive mental health among college students.

## Look for These Topics to be Addressed in Volume Two of the PIP Brief Series

- » The Economics of Prevention
- » An Examination of Off-Campus and On-Campus Student Behavior
- » Students' Sense of Belonging and Related Health Behavior
- » Seat Belt Use Among College Students

- » An Update on Texting and Driving Behaviors
- » Understanding more about Prescription Drug Use Among College Students
- » A Look at Interpersonal Violence among Missouri College Students
- » And Many More!

Last year, PIP provided the Missouri higher education community with a series of eighteen research briefs. These briefs highlighted the range of health behaviors including high risk drinking, tobacco use, driving behaviors, and health behaviors of subpopulations of students, such as students who identify as lesbian, gay, bisexual, or queer. In addition, the briefs provided information about current work being implemented in the state to address these behaviors.

Partners in Prevention is pleased to provide Missouri campuses with the second volume of research briefs. Briefs will be published twice monthly and include additional examination of the health behavior of subpopulations of students as well as additional key metrics of the Missouri College Health Behavior Survey, such as student sense of belonging and student engagement. PIP will continue to examine key health behavior issues such as alcohol, drug, and tobacco use, driving behaviors, and mental health along with new topics such as interpersonal violence and sexual health.

Partners in Prevention has made tremendous progress since its inception in 2000. National research in college prevention is clear - campus prevention efforts that are

evidence-based, comprehensive and are supported by campus administrators are the most effective strategies to reduce high risk and underage drinking and the associated negative consequences among college students. While binge and high risk drinking rates have been static nationally, Missouri rates have dropped drastically. Each year, PIP implements the Missouri College Student Health Behavior Survey at member campuses. PIP is happy to report that the binge drinking rate\* of college students in the state has decreased from 34% in 2007 to 25.6% in 2013.

Partners in Prevention encourages campus leaders to be vocal, visible, and visionary on issues related to alcohol, drugs, and mental health. The goal of Volume Two of the Partners in Prevention briefs is to assist campus understanding of the key issues facing Missouri college students, as well as how campuses are working to create a healthier and safer campus communities.

Contact Partners in Prevention at (573) 884-7551 Report prepared by Joan Masters, Partners in Prevention Staff Funded by the Missouri Department of Mental Health's Division of Alcohol and Drug Abuse

\*percentage of students having 5+ drinks in a 2 hour period