



92%

of Missouri College students
**have not misused
prescription drugs**
in the past year.

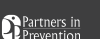
This means that most Missouri College students have not taken medication without a doctor's prescription or abused a valid prescription in the past year.



 @MoSafeRx

Prevent Prescription Drug Misuse

rx.missouri.edu



Created with assistance from the Missouri Department of Mental Health and the Missouri Opioid State Targeted Response (STR) and Missouri State Opioid Response (SOR)

MACHB 2020, N=8769

75%

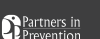
of Missouri college students
**believe students are
harming themselves,
physically or otherwise,
when they use
prescription drugs
without a doctor's
prescription** or do not
use their own prescription
medication as directed.



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Drug Effects

Prescription Drug Type

Health Risks

Other Consequences

Stimulants

Adderall, Ritalin, Vyvanse, Concerta

High fever, convulsions, anxiety, hostility, nervousness, seizures, increased heart rate, respiration rate and blood pressure

Stimulants put excessive strain on the heart which can lead to heart failure and death

Pain Relievers

Vicodin, Percocet, Oxycotin

Liver damage, intoxication, decreased mental alertness and concentration, nausea, vomiting, confusion, decreased concentration and decreased pain threshold

Regular or long term misuse can lead to physical dependence and in some cases addiction

Sleep Medications

Ambien, Sonata, Lunesta, Rozerem

Lowered blood pressure, increased risk of respiratory distress and death when combined with alcohol

Combining sleep medications with alcohol is especially dangerous and can lead to death

Sedatives

Valium, Xanax, Ambien

Loss of coordination, slowed reflexes, respiratory depression, aggressive behavior, hallucinations, inability to form memories while taking

Sudden withdrawal can cause convulsions and delirium



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Keep Your Medications Safe

Don't Share Your Medications

Medications prescribed to you are for you alone and can have very dangerous effects on those you share with! It is also illegal to share your medications with others- you can be convicted as a drug dealer.

Keep Your Medications Low-Profile

To avoid pressure to share your medications, keep them on the down low and don't advertise them.

Properly Dispose of Old/Unused Medications

Take unused medications to your local disposal drop-box or take-back event! You can find out where and when these are held at rx.missouri.edu/resources.



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It is ILLEGAL
to take prescription drugs
without a prescription.

It is ILLEGAL
to distribute prescription
drugs to anyone.

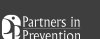
This includes just giving
a pill or two to a friend.



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