



83%

of Missouri College students
**have not misused
prescription drugs**
for any reason.

This means that most Missouri
College students have not
taken medication without
a doctor's prescription or
abused a valid prescription in
the past year.

Learn more @ rx.missouri.edu



Drug Effects

| Prescription Drug Type | Health Risks | Other Consequences |
|---|---|---|
| Stimulants | | |
| Adderall, Ritalin, Vyvanse, Concerta | High fever, convulsions, anxiety, hostility, nervousness, seizures, increased heart rate, respiration rate and blood pressure | Stimulants put excessive strain on the heart which can lead to heart failure and death |
| Pain Relievers | | |
| Vicodin, Percocet, Oxycotin | Liver damage, intoxication, decreased mental alertness and concentration, nausea, vomiting, confusion, decreased concentration and decreased pain threshold | Regular or long term misuse can lead to physical dependence and in some cases addiction |
| Sleep Medications | | |
| Ambien, Sonata, Lunesta, Rozerem | Lowered blood pressure, increased risk of respiratory distress and death when combined with alcohol | Combining sleep medications with alcohol is especially dangerous and can lead to death |
| Sedatives | | |
| Valium, Xanax, Ambien | Loss of coordination, slowed reflexes, respiratory depression, aggressive behavior, hallucinations, inability to form memories while taking | Sudden withdrawal can cause convulsions and delirium |

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Keep Your Medications Safe

Don't share your medications

Medications prescribed to you are for you alone and can have very dangerous effects on those you share with! It is also illegal to share your medications with others- you can be convicted as a drug dealer.

Keep Your Medications Low-Profile

Store your medications in a locked box or cabinet out of sight. You can get a FREE medication locking cap from the Wellness Resource Center!

Properly Dispose Of Old/Unused Medications

Take unused medications to your local disposal drop-box or take-back event! You can find out where and when these are held at rx.missouri.edu/resources

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It is ILLEGAL
to take prescription drugs
without a prescription.

It is ILLEGAL
to distribute prescription
drugs to anyone.
This includes just giving
a pill or two to a friend.

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**THERE'S
NO EXCUSE**

for

**PRESCRIPTION
DRUG ABUSE**

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