Meeting of the Minds
2018 NASPA Region IV-W Spring Conference

Conference Guide
April 5-7, 2018

Join the Conversation on Twitter at #MOMinds18

@missouripip
Dear Conference Participants,

Welcome to Kansas City for the 18th Annual Meeting of the Minds Conference! On behalf of the conference staff and the many individuals who have worked tirelessly to make this conference a reality, we are thrilled that you chose to join us here this weekend. This year’s conference line-up includes a variety of great breakout sessions and keynotes designed to help you learn more about effective prevention strategies and health, wellness, and campus safety topics.

This year, we are excited to be joined by the Central College Health Association for their annual conference. We welcome those attendees joining us from CCHA and hope that you enjoy your first Meeting of the Minds experience!

Thank you for joining us for three days packed with fun educational sessions, and energizing and inspiring keynote presentations. The conference schedule is full of great sessions relevant to everyone in attendance. Missouri Partners in Prevention, the Central College Health Association, and NASPA, Region IV-West have collaborated to bring you some of the best information and experience available!

We hope you enjoy looking at the great lineup of sessions. Each breakout session is identified by “tracks”. This is meant to be a guide as you select breakout sessions. Additionally, we have provided information about CEUs throughout the conference booklet.

If at any time you need special assistance during the conference, please approach any member of the conference staff, wearing “Conference Staff” ribbons on their nametag. We will do our best to make this an enjoyable conference experience for you.

Thank you again for joining us! Enjoy the conference!

Joan Masters
Meeting of the Minds Conference Coordinator
Director, Missouri Partners in Prevention
Senior Coordinator, Student Life, Wellness Resource Center
University of Missouri

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April 5, 2018

BACCHUS Initiatives of NASPA Regional Conference Participants:

On behalf of the BACCHUS Initiatives of NASPA I would like to extend our welcome to the Meeting of the Minds Conference, which hosts the BACCHUS Initiatives of NASPA Spring Region IV-West Conference. We are all excited you could join us at this preeminent regional conference to address health, well-being, safety, and the important work of campus prevention. You join fellow peer educators, professional prevention practitioners, and student affairs administrations from across the Midwest, including folks from Missouri, Kansas, Iowa, Colorado, Wyoming, New Mexico, Oklahoma, Arkansas, Nebraska, South Dakota, and North Dakota.

During the course of the conference, you will have the opportunity to hear several exciting keynote presenters, choose between many motivating breakout and advisor sessions, and may go home with one or more of the many awards. I encourage you to take full advantage of the educational opportunities offered during the conference and I am sure you will return to your respective campuses excited to continue the process of creating positive change and encouraging healthier choices among your peers. As you move about from opportunity to opportunity, be sure to take chances, split up from your group and attend different sessions, meet many new people, and above all have a great time! At the BACCHUS Initiatives of NASPA we take pride in having fun while making a positive difference in the lives of our fellow students. Regardless of the programs you choose, we know you will enjoy Meeting of the Minds and have a full and memorable experience.

To benefit the most from this face-to-face conference experience, take time to connect with other campuses and with your BACCHUS Region IV-West Leadership Team. These volunteers work hard to support peer education on the regional and national level. Get to know them so you can network and share ideas throughout the year.

We look forward to hosting the 2018 BACCHUS Initiatives of NASPA General Assembly in Orlando, FL later this year, November 1-4, 2018.
For more information, visit naspa.org/events/2018GA

Please join me in extending a thank you to Missouri Partners in Prevention for hosting, the many presenters for sharing their expertise, and the BACCHUS Region IV-West Leadership Team for making this dynamic learning opportunity a success.

Sincerely,

David Arnold
Assistant Vice President, Health and Well-being Initiatives
NASPA – Student Affairs Administrators in Higher Education
The primary goal of the Intern Resource Network is to prevent students from experiencing sexual harassment, violence and discrimination of any kind as they prepare to leave campus and enter the work force.

Learn more at www.mointernnetwork.org

Show Me Title IX Conference
June 4-5, 2018
Welcome Reception June 3 @ 6:30pm
Courtyard Marriot
3301 Lemone Industrial Blvd, Columbia, MO 65201

The conference is open to professionals across the state of Missouri. It is a time to share best practices and innovative programming; provide training for investigators and coordinators; and create a space for other experts across the state to share their knowledge.

Conference Tracks:
Training Courses for Coordinators & Investigators
Education & Prevention, Social Justice, Policy & Procedures, and Community Colleges

Visit the UM System Show Me Title IX Conference website for more details: www.umsystem.edu/ums/dei/show_me_title_ix_conference

Join the Conversation on Twitter at #MOMinds18
Schedule at a Glance

Use this abbreviated schedule for quick reference. For complete session descriptions, please see mom.missouri.edu, Guidebook (guidebook.com/g/momkc18) or the registration desk for a print out.

Thursday, April 5
- 7:00am-8:30pm: Registration Table Open in Lobby Foyer
- 8:00am-5:00pm: Full Day Pre-Conference Workshops
- 10:00am - 5:00pm: Law Enforcement Pre-Conference
- 2:00pm-5:00pm: Half-Day Pre-Conference Workshops
- 5:00pm-6:00pm: Visit with Exhibitors
- 6:00pm-8:00pm: Dinner Keynote
- 8:30pm: Region IV-W Student Social
- 8:30pm: CCHA board meeting (by invitation only)
- 10:00pm: Open 12-Step meeting

Friday, April 6
- 7:00am-5:30pm: Registration Table and Presenters Table Open
- 7:00am-8:15am: Continental Breakfast and Visit with Exhibitors
- 8:15am-9:15am: General Session and Morning Keynote (continental breakfast 7:00am - 8:15am)
- 9:15am-9:45am: Poster Sessions
- 9:45am-10:45am: Educational Sessions, Block 1
- 10:45am-11:00am: Break with Exhibitors
- 11:00am-12:00pm: Educational Sessions, Block 2
- 12:00pm-1:30pm: Lunch Keynote Session
- 1:30pm-5:00pm: What Were You Wearing? Survivor Art Installation
- 1:45pm-2:45pm: Educational Sessions, Block 3
- 2:45pm-3:00pm: Break with Exhibitors
- 3:00pm-4:00pm: Educational Sessions, Block 4
- 4:00pm-4:15pm: Break with Exhibitors
- 4:15pm-5:15pm: Educational Sessions, Block 5
- 5:15pm: Open 12-Step meeting
- 6:00pm: CCHA dinner and business meeting (by invitation only)

Saturday, April 7
- 7:00am-11:00am: Registration Table and Presenters Table Open
- 7:00am-8:15am: Continental Breakfast
- 8:15am-9:15am: Morning Keynotes
- 9:15am-9:45am: Check out of hotel
- 9:45am-10:45am: Educational Sessions, Block 6
- 10:45am-11:00am: Check out of hotel
- 11:00am-12:00pm: Educational Sessions, Block 7
- 12:00pm-1:30pm: Closing Luncheon and the NASPA BACCHUS Initiatives Region IV-W Awards Ceremony
## Thursday, April 5

<table>
<thead>
<tr>
<th>Room</th>
<th>8:00am - 5:00pm</th>
<th>Full-Day Pre-Conference</th>
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<tbody>
<tr>
<td>Sioux</td>
<td>RESPOND: Partnering for Campus Mental Health</td>
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<td>10:00am - 5:00pm</td>
<td>Law Enforcement Pre-Conference</td>
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<tr>
<td>Osage A</td>
<td>Environmental Prevention 101: The Law Enforcement Edition (10:00am - 12:00pm)</td>
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<tr>
<td>Osage A</td>
<td>Environmental Prevention 102: Enforcement, Investigations, and the Comprehensive Approach (2:00pm - 5:00pm)</td>
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<td>2:00pm - 5:00pm</td>
<td>Half-Day Pre-Conferences</td>
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<tr>
<td>Kansa A</td>
<td>The Science of Adversity on Social, Emotional, and Health Outcomes</td>
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<tr>
<td>Kansa B</td>
<td>You Too Can Implement Alcohol and Sexual Assault Prevention (And Still Keep Your Job)</td>
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<tr>
<td>Boardroom</td>
<td>Drug Free Schools and Campuses Act: Updates and Review</td>
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<tr>
<td>Osage B &amp; C</td>
<td>The Safety Pillar</td>
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<tr>
<td>Kansas C, D, &amp; E</td>
<td>Marijuana in the 21st Century</td>
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### Dinner Keynote: A Few Too Many: Our Campus Culture of Alcohol

**Location:** Shawnee Ballroom

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**BECOME A MEMBER OF THE Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery**

Join Us for the 2018 National Meeting on October 16-18 in Columbus, Ohio!

Learn more at hecaod.osu.edu

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**Benefits Include:**
- Unlimited use of ScreenU suite of tools
- Campus access to Learning Collaboratives
- Discount to the National Meeting and more!

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<table>
<thead>
<tr>
<th>Room</th>
<th>Educational Sessions, Block 1</th>
<th>Educational Sessions, Block 2</th>
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<tbody>
<tr>
<td>Kansa A</td>
<td>Innovation in Men’s Mental Health: Using Humor, Media and Digital Engagement to Promote Mental Health and Prevent Suicide for High Risk Men</td>
<td>The Spiritual Side of Suicide: Reflections on Faith, Faith Communities, Spiritual Practices and Experiences</td>
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<tr>
<td>Kansa B</td>
<td>Situational Prevention: A New Approach To Comprehensive Campus Sexual Violence Prevention</td>
<td>Listen, Believe, Support: Being a Trauma-Informed Leader</td>
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<td>Kansa C</td>
<td>De-Escalating Aggressive Behaviors</td>
<td>Sleep Promotion within College Populations</td>
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<tr>
<td>Kansa D</td>
<td>Peer Education Group Clinic: Getting Out of the Slump</td>
<td>The Joy of Eating</td>
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<tr>
<td>Kansa E</td>
<td>There is Nothing Wrong with the Greek System that can’t be Fixed by what is Right with the Greek System</td>
<td>Increasing the Impact of Peer Education with an Ecological Perspective</td>
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<tr>
<td>Osage A</td>
<td>Creating Gender Affirming Environments</td>
<td>Allyship and People of Color</td>
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<tr>
<td>Osage B</td>
<td>The Freshmen are Coming! Implementing an Effective, Large Scale Alcohol Safety Program Early for Freshmen</td>
<td>Sprains, Strains, and Fractures</td>
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<tr>
<td>Osage C</td>
<td>“Cannabis Conversations”: The Impact on Health and Performance</td>
<td>Building Brick by Brick</td>
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<tr>
<td>Sioux</td>
<td>Narcotics Enforcement on Campus: A Community Effort</td>
<td>Shoulder Tap Operations</td>
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<tr>
<td>Wyandot</td>
<td>How ‘Sex in the Ballroom’ led to ‘Sex in the UC’</td>
<td>Outdoor Activity Levels and Mental Wellness in College Students</td>
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<td>Time</td>
<td>Educational Sessions, Block 3</td>
<td>Educational Sessions, Block 4</td>
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<td>1:45pm -</td>
<td>Hope Illuminated: A Comprehensive Approach for Suicide Prevention</td>
<td>Suicide Prevention Roundtable Discussion</td>
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<td>2:45pm</td>
<td>and Grief Support</td>
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<td>3:00pm -</td>
<td>The Weaponization of Alcohol: Effectively Linking High-Risk</td>
<td>Title IX in Limbo? Impacts of the September 2017 Guidance on Title</td>
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<td>4:00pm</td>
<td>Alcohol Use Prevention to Campus Title IX Efforts</td>
<td>IX Compliance Efforts</td>
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<td>4:15pm -</td>
<td>More than Words: Creating Shared Language for Violence Prevention</td>
<td>Empower Survivors in Violence Prevention</td>
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<td>Targeted Testing for Tuberculosis on the College Campus</td>
<td>Results and Recommendations from a Prescription Stimulant Medication</td>
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<td>4:00pm</td>
<td>Addressing Mental Health Issues in Collegiate Athletes</td>
<td>Misuse Pilot Study</td>
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<td>Creating Brave Spaces for LGBTQ+</td>
<td>Thinking Inclusively: Being an Ally to International Students</td>
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<td>Jayhawk Buddy System - Protective Behaviors &amp; Social Norms</td>
<td>Party Hard Party Smart</td>
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<td>Campaign</td>
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<td>4:15pm</td>
<td>Straight Talk: Using Technology, Videos, and Interactive</td>
<td>Utilizing Health Theories and Models to Guide Your Public Health</td>
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<td>5:15pm</td>
<td>Strategies to Inform Students about Alcohol Use, Bystander</td>
<td>Initiatives</td>
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<td>Intervention and Consent</td>
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<td>Enforcement of Impaired Driving Laws</td>
<td>Follow the Yellow Brick Road - Source Investigations</td>
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<td>5:15pm</td>
<td>Talking With, Not At: Engaging College Peers in the Conversation</td>
<td>Let’s Talk about Sex</td>
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<td>about Sexual Assault</td>
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<td>7:00am-8:15am</td>
<td>Kansa A</td>
<td>Collegiate Recovery Communities: Why they are Successful – an Analysis of the Most Important Components and their Role</td>
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<td>8:15am-9:15am</td>
<td>Kansa B</td>
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<td>9:45am-10:45am</td>
<td>Kansa C</td>
<td>Taking a Deeper Look Into the Connection Between Mind and Body: Integrating Concepts into Public Health Initiatives</td>
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<td>11:00am-12:00pm</td>
<td>Kansa D</td>
<td>Challenging Students to Think for Themselves: Using Social Norming to Change Student Perceptions and Behaviors</td>
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<td>12:30am-1:15pm</td>
<td>Kansa E</td>
<td>Re-Thinking Self-Care</td>
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<td>9:00am-10:15am</td>
<td>Osage A</td>
<td>A Joint Session on a Practical Mental Health Equity Framework and Cultural Competency in Mental Health</td>
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<td>10:30am-11:45am</td>
<td>Osage B</td>
<td>Drugs in Plain Sight</td>
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<td>1:45pm-3:00pm</td>
<td>Osage C</td>
<td>AIM Steady</td>
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<td>9:00am-11:00am</td>
<td>Sioux</td>
<td>Sexual and Relationship Violence: Using ACHA’s Toolkit to Build a Trauma Informed Campus</td>
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<td>11:15am-12:30pm</td>
<td>Wyandot</td>
<td>ROSE GOLD</td>
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Individuals who may need inpatient or residential treatment may not know where to look or even know what is available to them. The search for appropriate residential behavioral health treatment is often confusing and frustrating. Our team of Treatment Placement Specialists (TPS), strategically placed across the country are available to help guide, assist and support individuals, families and professionals through this process. We work as advisors to ensure that each individual finds the right program that will meet his or her needs; programs that accommodate clinical, financial and insurance requirements.

For more information, please visit our website to find the number for your local TPS.

http://www.treatmentplacementspecialists.com
asklistenrefer.org is an **online** suicide prevention program designed to help individuals prevent suicide by teaching users to:

- Identify people at-risk for suicide
- Recognize the risk factors, protective factors, and warning signs of suicide
- Respond to and get help for people at risk
- Identify local campus resources

**The Ask Listen Refer program includes several important elements, including:**

- Scope of the Problem
- Prevalence
- Common Pressures
- Risk and Protective Factors and Motives
- Cultural Risk and Protective Factors
- How to Help Sample Conversations and Videos
- Local and Statewide Resources

Ask Listen Refer is anonymous, accessible 24 hours/day, and only takes 15-20 minutes to complete.

Point and Click Solutions

Integrated Scheduling, Billing, Electronic Health Record and Patient Web Portal

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**Maintaining your recovery in college IS possible!**

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macro.missouri.edu

G202 MU Student Center, Columbia, MO 65211-4119, 573-882-1750 or macro@missouri.edu
Visit with our Exhibitors

**Acadia Healthcare**
Acadia Healthcare’s mission is to create a world-class organization that sets the standard of excellence in the treatment of specialty behavioral health and addiction disorders. Acadia provides behavioral health and addiction services to its patients in a variety of settings, including inpatient psychiatric hospitals, specialty treatment facilities, residential treatment centers and outpatient clinics. We want Acadia to be synonymous with excellent care, phenomenal customer service and an unparalleled commitment to our patients, staff, physicians, and community.

**Ask. Listen. Refer**
Ask.Listen.Refer is a free, online suicide prevention training. It helps users identify the warning signs and risk factors of suicide, and learn how to help someone who may be at risk for suicide. Find the training on your campus at asklistenrefer.org! Interested in bringing Ask.Listen.Refer to your campus? Contact us at muwrcasklistenrefer.org or at 573-882-9335.

**CHEERS, SMART, Drive Safe. Drive Smart**

**CHEERS** is a statewide program that provides free non-alcoholic drinks to designated drivers! Learn more about recruiting establishments in your community and spreading the word on campus at cheers.missouri.edu

**SMART** (State of Missouri Alcohol Responsibility Training) is a free, online responsible beverage service training. It addresses issues such as service to minors, sale or service to intoxicated individuals and more! To find out more about SMART visit smart.missouri.edu.

**Drive Safe. Drive Smart.** is an educational campaign that seeks to educate Missouri college students about safe driving behaviors. Learn more at drivesafedrivesmart.missouri.edu

**Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery**
The Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery (HECAOD) is the premier alcohol and drug misuse prevention and recovery resource for colleges and universities across the nation. HECAOD is a joint collaboration between The Ohio State University’s College of Social Work, College of Pharmacy, Office of Student Life, Generation Rx, and the Collegiate Recovery Community.

**MACRO**
MACRO, the Missouri Alliance of Collegiate Recovery Organizations, is the first organization of its kind in the state of Missouri to create a statewide network for growing and enhancing collegiate recovery support services. Our mission is to unite collegiate recovery efforts across the state and to be a top resource for Missouri schools as they build their own recovery support organizations. In doing so, we hope to increase the capacity of colleges and universities in Missouri to address recovery on their campuses, and in their communities. MACRO is currently housed at the University of Missouri – Columbia. It is operated by Missouri Partners in Prevention (PIP), with support from the Missouri Department of Mental Health.
**McCallum Place Eating Disorder Centers**

McCallum Place is a nationally acclaimed, comprehensive eating disorder treatment center for preadolescents, adolescents, adults, males and females. With locations in St. Louis, Missouri and Kansas City, Kansas we are unique in that we offer on-site medical and psychiatric management and care combined with intensive individualized psychotherapy, making our center a center of excellence and great alternative to traditional hospital settings.

**Missouri Coalition Against Domestic & Sexual Violence**

The Missouri Coalition Against Domestic and Sexual Violence (MCADSV) unites Missourians with a shared value that rape and abuse must end, and advances this through education, alliance, research and public policy. In the 30 years since MCADSV began its work, the number of domestic and sexual violence programs in the state has grown from 11 to more than 120. MCADSV’s member programs rely on the Coalition to provide them with the resources, training and expertise to further social justice in their own communities. The Coalition provides a unified voice at the state and national level to improve laws, systems, and policies in order to address and prevent intimate partner and sexual violence.

**NueMD**

Ever since Nuesoft® was founded in 1993, our company has been driven by a singular principle: take complex operations and make them simpler. For modern doctors, few things are as complex as the rules and regulations governing reimbursements, and managing this complexity can mean the very real difference between getting paid and not getting paid.

We are here to help. We are specialists at managing complexity and delivering simple, robust solutions backed by dependable, secure technology. Our clients can rely on a system that is powerful, easy to understand and constantly adapting to changes in both the industry and public policy.

**Partners in Prevention**

Partners in Prevention is Missouri’s higher education substance abuse consortium dedicated to creating healthy and safe college campuses. The coalition is comprised of 21 public and private college and university campuses across the state. Campus judicial officials, law enforcement, and campus prevention professionals are encouraged to take part in both their local coalition efforts and the statewide Partners in Prevention coalition. The unique composition brings together different perspectives on health promotion and prevention efforts. Since the beginning of our coalition 12 years ago, we have focused on preventing high-risk and underage drinking among Missouri’s college students and addressing other problematic health behaviors such as high risk driving behaviors and problem gambling. In addition, we also provide support and services to campuses across the state to prevent suicide on campus and support positive mental health among college students. Members of the Partners in Prevention coalition meet monthly for training and network opportunities and host the statewide prevention conference, Meeting of the Minds.

**Point and Click Solutions, Inc.**

Point and Click Solutions is the leading Electronic Health Records/Practice Management System (EHR/PMS) provider for college health and counseling. For the last 15 years we have been developing an advanced medical and counseling system that today runs at more than 200 college sites and is used by over 8000 users nationwide. Our client sites range from large universities to small colleges. We are dedicated to the mission of delivering the best possible technology, products and services to our customers in college health, counseling, and community clinics.
Guide their path to success with our personalized intervention tools.

Strengthen your campus culture with the eCHECKUP TO GO programs.

Proven results in the reduction of destructive drinking habits and risk-taking behaviors.

- Alcohol
- Marijuana
- Sexual Violence Prevention
- Tobacco
- Practitioner Package

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Meeting of the Minds 2018 has gone mobile!

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https://guidebook.com/g/momkc18/

1. Visit the above URL on your device

2. Tap the “download” button to get the free Guidebook app

3. Open Guidebook and look for the guide:
Meeting of the Minds 2018