Note about the State of Collegiate Recovery in Missouri: Partners in Prevention Meeting

November 6, 2015

- SoBear lack of communication about what their $10,000 was being used for to begin a recovery program
- SiC- closed recovery meetings not recognized. Mizzou is more receptive of student organizations instead of offices—there are more perks to being independent. Safe spaces where mandated students don’t have to report to Title IX.
- While there are strong benefits of being a state certified therapist, it causes problems because of violating rules such as HIPAA.
- SLU- good goal to be a student organization; a benefit would be to have grant money, but that includes jumping through hoops that are inconvenient and frustrating for student orgs. Having a student org budget is easier.
- Want to develop infrastructure (Bring to Jordan)
- SLU wants to expand and have allies, sober in recovery, sober not in recovery like SiC so that no one can identify which group they fall under.
- A big part of creating unity is hanging out together outside of meetings. Being a family 24/7 is great for students
- It’s helpful to hear stories from not only people in recovery but the family members of people who are in recovery
- Organizational meetings and education meetings with activities are beneficial
- How to combine sober in recovery and sober not in recovery?
- How do you start a recovery program? – find recovering students, talking to administration, faculty, maybe school of health professions, etc. Open houses are a good way to let students come to you. Find a way to get students to stick around in the program and bring in more students who are in need of recovery groups.
- SiC was lucky as Mizzou was transitioning from alcohol prevention to recovery for students. Having the 4 or 5 students who stuck around helped SiC grow and build a strong foundation
- UMKC- Wants to be student lead and attended the recovery track at MoM, did a conference call with other Missouri colleges to incorporate their ideas.
- Most students who are in recovery think it is important to have a place on campus that they feel like they belong. Mizzou has a drinking culture, so having a recovery group with allies gives those students an opportunity to actually be a part of the campus instead of just taking classes and avoiding the college life culture.
- Want from MACRO-
  - Facilitate meetings on other campuses (i.e. SoBear at Lincoln or SiC at SLU)
  - Facebook page
  - December 8th at noon UCM meeting to get more ideas
  - Do we want MACRO’s name out there? Students to tell their recovery stories?
    - 1. Want MACRO to be advertised
      - Facebook page?
  - Very helpful to have conference calls to share information and gather information from each other when it comes to running recovery groups
    - Sharing news in conference calls
    - Conference in April (ARHE)- 500 people attended last year from recovery programs about how to build and sustain programs from top to bottom—SoBear thinks it would be a great idea for other universities from PIP to attend. When you are a member you get access to different things like scholarships. Umbrella to students in recovery: peer educators, alcohol educators, recovery education, etc.
    - SiC has had a lot of luck with outreach whether it be from administrators, parents, students. They made $5,000 just doing a panel with parents. Student leaders’ panel—these types of things help with being successful as an organization. Greek life is very receptive and they are great allies.
    - Supporting or providing information-statewide credentialing
    - The Recovery Movement- controversial (Dan) for other people’s perspectives.
    - Everyone’s campus is different and what works for each campus is different. It is important to stay neutral
    - Legislative opportunities allowing students to act autonomously without MACRO explicitly endorsing a group or movement
    - Staying transparent in case we decide we do want to support something as an entity
    - How to express Return on Investment (ROI)