

## common questions

### What are predatory drugs?

Also known as predatory drugs, date rape drugs are chemical substances used for the purpose of rendering a victim passive, submissive, unwilling or unable to resist unwanted sexual advances.

### What are the most common predatory drugs?

Of the well-known predatory drugs (GHB, Rohypnol, Ketamine, and alcohol), the most commonly used predatory drug is alcohol.

### How will I know if I have been given a predatory drug?

Typically, predatory drugs make people feel like they have consumed a large amount of alcohol. Physical effects mock severe intoxication. Symptoms often include memory loss, inability to keep track of time, disorientation/confusion, drowsiness, and impaired judgment. Extreme physical reactions include nausea, vomiting, black-outs, loss of consciousness, coma or even death. Predatory drugs lower a person's inhibitions, leaving the person unable to react normally or give consent.

### If I feel sick and think I have been given a predatory drug, what should I do?

Because some predatory drugs can be deadly if ingested in certain quantities, it is recommended that a person seek help from a medical professional. In the case of a physical or sexual assault, seek medical attention immediately.

### What options do I have if I have been physically or sexually assaulted?

Options include seeking medical attention at a hospital, the campus student health resources, or your doctor, going to the police, finding a trusted friend, and/or seeking counseling or support services.

To find resources on your campus, visit

[pip.missouri.edu/resources](http://pip.missouri.edu/resources)



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# predatory drugs

*"I woke up  
and couldn't remember  
anything from the night before.  
Everything seemed like  
it wasn't real."*

*"I remember having a drink  
and then I felt  
really drunk...  
I only had one,  
but it felt like I had 10."*

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Prevention

# common predatory drugs

Date Rape Drugs, or Predatory Drugs, such as GHB, Rohypnol, Ecstasy, and Ketamine can be slipped into your drink causing severe intoxication, blackouts, and impaired judgment.

If you suspect this has happened to you or a friend, it is important to get help immediately.

## GHB

**Street names:** Grievous bodily harm, G, Liquid ecstasy, Georgia home boy, Easy lay, Gamma 10, Soap, Scoop, Salty water, G-riffick, Cherry meth, Gantasy, Organic Quaalude, Zonked.

**Effects:** Produces intoxication followed by deep sedation. Effects begin 10-20 minutes after the drug is taken and typically last up to four hours depending on the dosage. GHB leaves the body extremely quickly.

**Physical Reactions:** Can include nausea, vomiting, delusions, depression, vertigo, visual disturbances, seizures, respiratory distress, loss of consciousness, amnesia, coma or even death. Overdose can happen quickly and warning signs are similar to those of other sedatives.

## Rohypnol

**Street names:** Roofies, Roche (Ro-shay), Forget-me pill, Run-trip-and-fall, R-2, Mexican Valium, Rib, and Roach.

**Effects:** User may feel intoxicated, then sleepy, a feeling that may last eight to twelve hours. Users may exhibit slurred speech, impaired judgment and difficulty walking.

**Physical Reactions:** Can include temporary amnesia (individuals may not remember events they experienced while under the effects of the drug), decreased blood pressure, dizziness, confusion, gastrointestinal disturbances, or urinary infection.

## Ketamine

**Street names:** Special K, K, vitamin K, Cat valium, Super K, New ecstasy, Psychedelic heroin.

**Effects:** Sense of time and identity may be lost. This state can last from 30 minutes to two hours.

**Physical Reactions:** Can include delirium, amnesia, impaired motor function, high blood pressure, depression, recurrent flashbacks, or potentially fatal respiratory problems.

## There are a few helpful hints to help reduce harm

- Watch how much you are drinking. In many cases, alcohol may have been the overdosed drug, not GHB or Rohypnol.
- When you are at a bar or party, always watch your drink being poured.
- Do not put your drink down and return to it- if you do, get a new drink.
- Carry cab money and the phone number of a trusted friend.
- Do not accept drinks from common containers.

## helping your friends

- Use a designated driver who has had no alcohol to drink.
- Know the alcohol tolerances of your friends.
- Check in on your friends periodically.
- Let your friends know where you'll be at the party/bar if they need you.
- Keep an eye on your friends' drinks if possible.
- Know the effects of date-rape drugs and watch for symptoms of drugging in your friends.

If you feel you or a friend have been drugged, find a friend or bar/restaurant staff to help, try to keep a sample of the suspect beverage, and get tested immediately. If possible, do not wait until the morning to receive testing. Since GHB, a common date rape drug, leaves the body very quickly, time is of the essence.

**did you know?** Alcohol is the #1 predatory drug because it is easy to get and low cost.